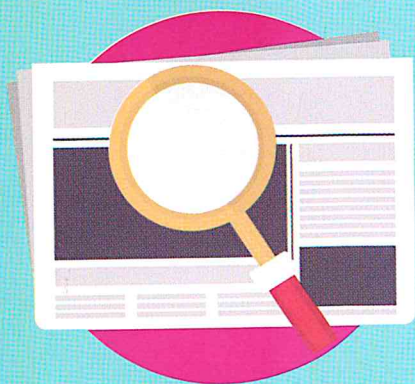
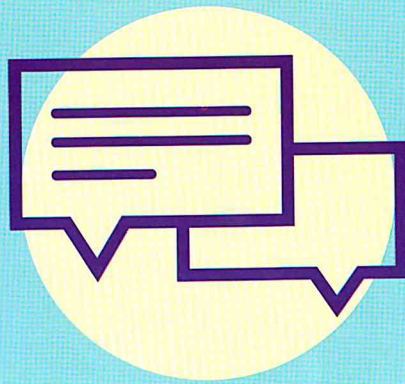


ONLINE SAFETY TIPS FOR PARENTS



1. GET INFORMED

Get started by visiting webwise.ie/parents. You'll find expert advice, how to guides, explainers and helpful talking points for parents.



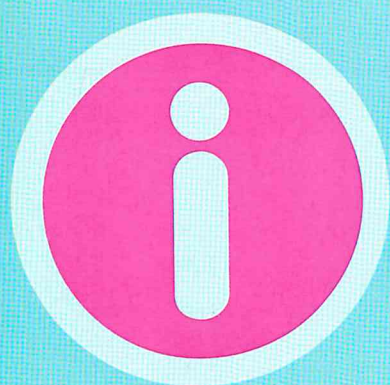
2. HAVE THE CHAT

Have regular conversations with your child on the important things to look out for online and any potential risks.



3. AGREE RULES

Agree on a clear set of rules in your home about internet use and around screentime. Remember the importance of a healthy balance!



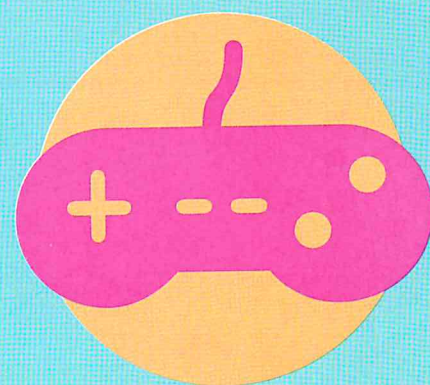
4. ASK FOR HELP

Reassure your child that they can always come talk to you about anything that comes up online.



5. LEAD BY EXAMPLE

Do as you say! Modelling behaviour is the most powerful way you can influence your child's behaviour!



6. JOIN IN

The internet is a great resource for children! Play your child's favourite computer game and discover the online world together.

Visit webwise.ie/parents for more expert advice, support and resources